

# TUDOR MOUNT

Gastrobar

## BAR

SERVED 11AM 'TIL 5PM

ENJOY AT THE BAR OR AT THE MEAL TABLE...

Soup & Ciabatta  
Ham, Tuna or Cheese £10

## NIBBLES, BASKETS & BOWLS

THREE FOR £20

Crackling and apple sauce £5

Marinated olives VE £5

Glamorgan sausage with black ketchup V £7.50

Tudor Mount garlic loaf V £5  
with Welsh cheddar loaf £6.50

Chorizo and garlic prawns £8.50

Calamari with garlic mayo £8.50

Sticky chicken balls with sesame seeds, chilli and coriander £8

Halloumi cubes with sweet chilli sauce V £7.50

Tudor Mount potatoes with sriracha and aioli V £8

Nachos with tortilla chips with jalapeño peppers, salsa, cheese and sour cream V £9.50

## LOADED JACKETS

Baked beans and Welsh cheddar cheese V £11

'Salt + Smoke' smoked salmon, crème fraîche and cress £14

Tuna mayonnaise, Welsh cheddar with spring onions £11

Chicken curry with mango chutney and coriander £14

If you'd like information regarding gluten free options or the presence of allergens in our food or drink, please ask your server who will be happy to help. Please note: GM oil may be used in the cooking of some of our products.



Fancy a **Mimosa**? A refreshing twist on a classic. 0% Cava mix with chilled pomegranate juice £9

## BREAKFAST

SERVED 'TIL 3PM

CHEF RECOMMENDS

**Steak & Eggs** Sliced 8oz rump steak cooked to your liking with two fried eggs and skinny fries £16

**The Breakfast** One fried egg, one rasher of bacon, one 'Andrew Rees Butchers' sausage, roasted tomato, mushrooms, fried potatoes, baked beans and toast £11

**The Big Breakfast** Two fried eggs, two rashers of bacon, two 'Andrew Rees Butchers' sausage, roasted tomato, mushrooms, fried potatoes, baked beans and toast £14

**The Veggie Breakfast** Two fried eggs, Glamorgan sausage, grilled halloumi, roasted tomato, mushrooms, fried potatoes, baked beans and toast £11

**'Salt + Smoke' Smoked Salmon** with two poached egg, guacamole, sliced tomato on sourdough with a side of baby herbs £14

**Breakfast Roll** One fried egg, one rasher of bacon and one 'Andrew Rees Butchers' sausage £8.50

**Toast** with jam or marmalade £2.95

Added Extras: Sausage | Bacon | Egg £1.50 per item

Please ask about breakfast specials.

## RUSTIC CIABATTA

SERVED 'TIL 5PM

**Rump Steak** with mushrooms, garlic and onion with a side of baby gem and coleslaw £15  
Add: Welsh cheddar £1.50

**Fish Fingers** with lettuce and house tartare sauce, served with a side of baby gem and coleslaw £12

**Cajun Spiced Chicken** with gem lettuce, tomato, pickled red onion £12

**Classic Melt** choose between **ham, tuna or chicken** with Welsh cheddar and a side of baby gem and coleslaw £10

## MAINS

**Fish & Chips** Finest beer battered fish with chips, garden peas £17

**Scampi & Chips** A cluster of scampi tails in a light, crisp coating with a choice of chips or potatoes and garden peas £16.50

**Aromatic Vegetable Curry** with steamed jasmine rice and a poppadom. £17  
Add: Chicken £3 | Half rice and half chips £1.50

**Pan-seared Fillet of Seabass** with king prawns, samphire, roast garlic, spinach and crushed new potatoes £27

**10oz Sirloin** with a choice of chips or potatoes, grilled vine tomato, gem lettuce and slaw £30  
Upgrade: Add King Prawns £7

**8oz Fillet** with a choice of chips or potatoes, grilled vine tomato, gem lettuce and slaw £34  
Upgrade: Add King Prawns £7

**20oz Rump** with a choice of chips or potatoes, grilled vine tomato, gem lettuce and slaw £29  
Upgrade: Add King Prawns £7

**Grilled Salmon Fillet** with a choice of chips or potatoes, grilled vine tomato, gem lettuce and slaw £21 Upgrade: Add King Prawns £7

**Glazed BBQ Chicken** topped with Welsh Cheddar and served with a choice of chips or potatoes, grilled tomato, gem lettuce and slaw £19.50 Add: bacon £2

**10oz Gammon** with a choice of chips or potatoes, egg and pineapple, a grilled vine tomato, gem lettuce and slaw £20

**Half or Full Rack of BBQ Ribs** with a choice of chips or potatoes, grilled vine tomato, gem lettuce and slaw £20 | £26. Ask to add fresh chilli £1

**Coated Chicken Buttermilk Breast Burger** with Asian slaw, pickled onion, tomato slice and sriracha mayo on a toasted brioche bun with chips £19  
Add: American-style cheese sauce £1 | bacon £1.50 | onion rings £5.50

**Gourmet Beef Burger** with pickled onion and gherkin, tomato, lettuce and burger sauce in a brioche roll with chips £18  
Add: American-style cheese sauce £1 | bacon £1.50 | onion rings £5.50

**Grilled Halloumi Burger V** with hummus, slaw, pickled onion, lettuce and tomato on a toasted brioche bun with chips £17.50 Add: American-style cheese sauce £1 | bacon £1.50 | onion rings £5.50

**Creamy Wild Mushroom Linguine V** with balsamic dressed rocket £19  
Add chicken £3 Add: Parmesan Pot £1.50

**Seafood Linguine** with prawns, samphire and 'Salt + Smoke' smoked salmon in a rich seafood velouté £23 Add: Parmesan Pot £1.50

**Italian Carbonara** with crisp pancetta and black pepper £19.50  
Add: Parmesan Pot £1.50

## SIDES & SAUCES

CHIPS £5 | NEW POTATOES £5 | ONION RINGS £5.50 | SIDE SALAD £5 | TENDERSTEM BROCCOLI WITH ALMONDS AND BALSAMIC £6 | PEPPERCORN, RED WINE JUS, BLUE CHEESE, OR JACK DANIELS SAUCE £4  
GARLIC BREAD £5 | GARLIC BREAD WITH CHEESE £6.50